

May 2024

Harmony Union School District
Breakfast 2023/24

		01 Breakfast Entree Cinnamon Toast Crunch Orange Dreamsicle Smoothie Fruit Fresh Oranges Fresh Apple Slices Grains Graham crackers Milk 1% Milk Nonfat milk	02 Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Fresh Apple Slices Fresh Banana Milk 1% Milk Nonfat milk	03 Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Fresh Apple Slices Fresh Banana Milk 1% Milk Nonfat milk Misc. Maple Syrup
06 Breakfast Entree Cinnamon Toast Crunch Fruit Fresh Apple Slices Fresh Banana Grains Banana muffins Milk 1% Milk Nonfat milk	07 Breakfast Entree Cinnamon Toast Crunch Sprouted wheat bagel with cream cheese Fruit Fresh Oranges Fresh Apple Slices Milk 1% Milk Nonfat milk	08 Breakfast Entree Cinnamon Toast Crunch Orange Dreamsicle Smoothie Fruit Fresh Oranges Fresh Apple Slices Grains Graham crackers Milk 1% Milk Nonfat milk	09 Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Fresh Apple Slices Fresh Banana Milk 1% Milk Nonfat milk	10 Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Fresh Apple Slices Fresh Banana Milk 1% Milk Nonfat milk Misc. Maple Syrup
13 Breakfast Entree Cinnamon Toast Crunch Fruit Fresh Apple Slices Fresh Banana Grains Apple cinnamon muffins Milk 1% Milk Nonfat milk	14 Breakfast Entree Cinnamon Toast Crunch Sprouted wheat bagel with cream cheese Fruit Fresh Oranges Fresh Apple Slices Milk 1% Milk Nonfat milk	15 Breakfast Entree Cinnamon Toast Crunch Yogurt and granola Fruit Fresh Oranges Fresh Apple Slices Grains Graham crackers Milk 1% Milk Nonfat milk	16 Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Fresh Oranges Fresh Apple Slices Milk 1% Milk Nonfat milk	17 Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Fresh Oranges Fresh Apple Slices Milk 1% Milk Nonfat milk Misc. Maple Syrup
20 Breakfast Entree Cinnamon Toast Crunch Fruit Fresh Oranges Fresh Apple Slices Grains Blueberry muffins Milk 1% Milk Nonfat milk	21 Breakfast Entree Cinnamon Toast Crunch Sprouted wheat bagel with cream cheese Fruit Fresh Apple Slices Fresh Oranges Milk 1% Milk Nonfat milk	22 Breakfast Entree Cinnamon Toast Crunch Yogurt and granola Fruit Fresh Apple Slices Fresh Oranges Milk 1% Milk Nonfat milk	23 Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Fresh Apple Slices Fresh Oranges Milk 1% Milk Nonfat milk	24 Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Fresh Apple Slices Fresh Oranges Milk 1% Milk Nonfat milk Misc. Maple Syrup

27	28	29	30	31
Memorial day	Breakfast Entree Cinnamon Toast Crunch Sprouted wheat bagel with cream cheese Fruit Fresh Oranges Fresh Apple Slices Milk 1% Milk Nonfat milk	Breakfast Entree Cinnamon Toast Crunch Orange Dreamsicle Smoothie Fruit Fresh Oranges Fresh Apple Slices Grains Graham crackers Milk 1% Milk Nonfat milk	Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Fresh Apple Slices Fresh Banana Milk 1% Milk Nonfat milk	Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Fresh Apple Slices Fresh Banana Milk 1% Milk Nonfat milk Misc. Maple Syrup

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling [\(866\) 632-9992](tel:(866)632-9992), or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: [\(833\) 256-1665](tel:(833)256-1665) or [\(202\) 690-7442](tel:(202)690-7442); or
3. email: Program.Intake@usda.gov

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